

Date: 8/5/25

**PREP EEC/CSPP/PALS LAUSD Breakfast, Lunch, Snack Menu**  
**September 8 - 12, 2025**

	Monday 9/8	Tuesday 9/9	Wednesday 9/10	Thursday 9/11	Friday 9/12
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée	Deluxe Cereal Bowl <b>V</b>	Morning Beef Sausage Sandwich	Buttery Maple Waffle <b>V</b>	Ham & Cheese Croissant	Morning Magic Bagel <b>V</b>
Fruit	Fresh Fruit	Fresh Fruit	Peachy Peaches	Fresh Fruit	Fresh Fruit
Milk (6 oz.)	Milk	Milk	Milk	Milk	Milk
Condiments	-	-	-	-	Strawberry Jam
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Entrée	Breaded Chicken Nuggets	Mac N Cheese <b>V</b>	Cafe LA Burger <b>OR</b> Cafe LA Cheeseburger	Toasted Cheese Sandwich <b>V</b>	Beef Teriyaki Dippers & Carrot Rice Bowl
Vegetable	Berry Berry Blue Slush	Romaine Mix Salad	Roasted Potato Wedges	Paradise Punch Vegetable Juice	<i>Carrots in Entree</i>
Fruit	Fresh Fruit	Frozen Strawberry Cup	Fresh Fruit	Fresh Fruit	Strawberry Creamsicle
Milk (6 oz.)	Milk	Milk	Milk	Milk	Milk
Condiments	BBQ Sauce, Ketchup	Ranch	Ketchup, Mayo, Mustard	-	-
SNACK	SNACK	SNACK	SNACK	SNACK	SNACK
Grain	Cheez-It Crackers	Belvita Cinnamon Crackers	Food & Nutrition Crackers Cheese Plank	Cheez-It Crackers	Strawberry Graham Crackers
Milk (6 oz) OR Meat/Meat Alt	Milk	Peach Yogurt 4 oz. <b>V</b>	Milk	Milk	Milk

All the Grain/Bread items served are whole grain rich.

**V** = Vegetarian

**Milk: Offer One Milk Choice** - Low-Fat Milk (6 oz.). However, if requested by parent/guardian, an individual carton of Unflavored Fat-Free Milk or Unflavored Fat-Free Lactose Free Milk may be given to a specific student.

**Deluxe Cereal Bowl**

Cinnamon Toast Crunch	Honey Cheerios
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**Fresh Fruit:** Options below can be used any time in place of canned or frozen fruit cup/slushes.

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Apple	Apple Slices, Red	Banana - <b>Do not order on Mondays</b>	Pear, Bartlett
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